Concept:

Beats are an important natural phenomena caused by the coupling of two vibrations. Specifically, beats result from the temporal superposition of fundamental modes of oscillation. In this demo, a symmetric displacement of the pendulums (upper-right photo) gives rise to one fundamental mode with a long period, $T_1$. An anti-symmetric displacement of the pendulums gives rise to another fundamental mode but with a short period $T_2$ (lower-right photo). When the two initial conditions are superposed (shown directly above), the springs act to couple these two fundamental or “eigen” modes. In this beat mode, the exchange of energy back and forth between the two pendulums is clearly seen. The amount of time required for this exchange, the beat period, is given by

$$T_{\text{beat}} = \frac{T_1T_2}{T_1 - T_2}.$$  

Procedure:

1. Equally displace both pendulum bobs to one side and release them so that they swing parallel to each other (as shown in upper-right picture).
2. Equally displace both pendulum bobs towards each other and release them so that each swings in the opposite direction as the other (as shown in lower-right picture).
3. Displace one pendulum bob towards the other bob and release it (as shown in leftmost picture).
4. Notice the “beating” between the two pendulums.